

# Twin Flame Checklist

- have I chosen to be with my Twin Flame right now no matter what
- have I accepted that I only desire my True Twin Flame
- have I started to take every upset and resistance as a start of going deeper, and every time as a fresh step that makes the journey that will eventually make me arrive
- have I accepted that the inner work consists of: turning everything that I feel around, and of every blame for others, the world or the Divine to turn to myself
- have I made use of the free Mini Program in the Facebook community Your Abundance and the Magic Starter Kit
- have I invested with time, effort and money in my Union process and identified which can be intensified still
- have I said the Twin Flame decree in my heart in a sacred gesture to myself, to activate the journey
- have I accepted that my Union only comes from my becoming active in the journey instead of hanging back
- have I accepted my upsets in life and in my relationship with my Twin Flame as a motivation to go deeper and come closer to my Union
- have I started a consistent practice of taking everything in life as a spiritual exercise that is here to bring me forward
- have I started to write down what my values are desires are to see if they go together with my Twin Flames'
- have I set Harmonious Union as a consciousness state as my goal
- have I set apart a daily time slot to do inner work



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- have I studied the **KEY** tool (both versions)
- have I gone through the Twin Flame revelation process
- have I chosen differently then the consciousness my false Twin Flame showed me
- have I made space in my heart for my True Twin Flame to come in
- have I thanked my false Twin Flame for all the lessons shown to me so that via contrast it became clear what I do desire and who my Twin Flame thus is
- have I started to receive my Union lessons with open arms
- have I heard my angelic and spirit guides messages and taken them into practice
- have I accepted being a student and allowing a teacher in my life
- have I shared what my lessons were for other people to benefit from it
- have I allowed the coming into being of the consciousness of Harmonious Union inside of us
- have I chosen to maintain my Harmonious Union no matter what
- have I been accredited as Twin Flame coach
- have I been initiated as Twin Flame teacher

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